

КАК БЫСТРО СЕГОДНЯШНИЕ ПОКОЛЕНИЯ СТАНОВЯТСЯ ИНТЕРНЕТ ЗАВИСИМЫМИ: ХОРОШО ЭТО ИЛИ ПЛОХО

*Головченко Александр
Волкова Татьяна
ДГТУ*

Аннотация: отношение современных людей к интернету и к чему может привести дальнейшее его использование

Ключевые слова: интернет, поколение, технологии, зависимость, польза

HOW FAST NOWADAYS GENERATIONS GET INTERNET ADDICTED: IS IT GOOD OR BAD

*Golovchenko Alexandr
Volkova Tatyana
DSTU*

Abstract: modern people`s attitude to internet and where would it lead us if we continue using it

Keywords: internet, generation, technology, addiction, benefit

How does nowadays people get more and more addicted to internet, social media and other different sources of researches? Have you ever thought about the huge influence these things have on you and everyone around you? Moreover, should we encourage younger generations as well as ourselves to keep using such things or should we get worried and start fighting with it? These are some serious questions that people and especially parents all over the world should ask themselves one day before it will be too late to do something about it. As technologies nowadays are developing faster and faster we should all be aware of it getting out of our control someday. No matter sooner or later but it has already started happening and showing some of its` first consequences it might cause. On the one hand, some people think that it can only bring damage to our lives and lives of new generations. On the other hand, there are those who have an opinion

that it has many new interesting and promising opportunities for our children and us as well.

Many experts claim that today young people all over the world are overwhelmed by up-to-date technologies as smartphones, Wi-Fi and laptops. Such things give us unconditional access to literally everything. You want to watch a film but you do not want to go to the cinema and pay for the ticket? Then just pay for your internet monthly and watch any movie and any time you want to. A further advantage of it is that you are able to reach to any human in the whole world. What is more, you can not only call them or write to them but also see them with the help of such well-known programs as Skype or Facetime. And why not use them when this is much easier, faster and effective than riding to your friend's house to just found out they aren't even at home. So what's the problem with using internet every day? First and foremost, we all have to admit that internet brought a lot of benefits into our lives. Searching for information became much easier than it was before as now you don't have to go to the library and first search for the right book and just then the information because you now can find anything from these books simply in a few clicks of a mouse sitting at home. Secondly, the pace of life is fastening and we all must keep up with it if we want to stay afloat. But how else can you be in touch with everything that will keep you up to date if not with the help of modern gadgets? They are definitely helpful in different life situations that are usually stressful and complex but not with what we have now. For example, you got into a difficult event and that is where the internet comes to help you because there you can find people who already have been through such kind of situations and they wrote on certain sources how to solve any issues so in future anyone else would struggle from the same kind of problems. Last but not least, online shops became the discovery of the century for the elderly people who often can't go to the grocery shops by themselves. Any item can be shipped right to your house from any place of the world in just a few days. These are just some basic benefits we can have an access to if we have internet.

However, we all know cases when internet might be a cause of addiction and it is especially when it affects children and teenager. Kids at age of teenagers nowadays can't imagine their lives without Wi-Fi and smartphones, without posting pics of themselves and watching videos. This addiction with being online became a problem in many life spheres of a modern teenager. Firstly, they stop connecting with the real world as they always tend to spend time online and as a result they stop seeing the "outside the screen" world, which includes their real friends and family. Secondly, it causes health problems. Teenagers get lazy and stop being interested in any outside doors activities and as a consequence some of them gain weight that leads to other problems with health. Using gadgets all the time also damages our sight and so by the age of thirty we all might not see further than our own nose. In addition, we spend enormous amount of money to stand out amongst others by buying things we don't even need just to show it off online.

Personally, I believe that we should all learn how to use internet correctly so that we could gain all the best and avoid the worst. Because in my opinion internet has a great potential to become the greatest invention of all the times. Though even great potentials often hide many threats, we might not even guess about. So that means that we should all be aware of what it is able to bring into our minds and how can it affect our lives. All in all, nowadays it's not impossible to avoid internet because it is everywhere you go so getting used to it is the only option you may find suitable.